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| **Tenderfoot Requirement** | **Status** |
| 1a. Prepare to camp | Signed Off |
| 1b. Sleep in tent | Ready to sign off |
| 1c. Outdoor Code | Started |
| 2a. Help cook a meal | Not Started |
| 2b. Show cooking safety |  |
| 2c. Explain patrol eating |  |
| 3a. Square knot |  |
| 3b. Two half-hitches |  |
| 3c. Taut-line hitch |  |
| 3d. Wood tools |  |
| 4a. First Aid |  |
| 4b. Poisonous plants |  |
| 4c. Injury prevention |  |
| 4d. First-aid kit |  |
| 5a. Buddy system |  |
| 5b. Explain actions if lost |  |
| 5c. Safe Hiking Rules |  |
| 6a. Fitness benchmark |  |
| 6b. Improvement plan |  |
| 6c. Test fitness plan |  |
| 7a. Flag basics |  |
| 7b. Service project |  |
| 8. EDGE method |  |
| 9. Scout spirit |  |
| 10. Scoutmaster conference |  |
| 11. Board of review |  |